

# Frequently Asked



## **What do couples receive after completing Couple Checkup™?**

Upon completion of the assessment, couples will be able to download their own Couple Checkup™ report, which will show them their individual results. As a Leader, you won't see individual couples' results, unless the couple sends it to you.

## **What resources are available to couples?**

Couples have access to a preview of the *Discussion Guide for Couples*, but we recommend purchasing the full version and gifting a copy to each couple who participates. It pairs perfectly with their Couple Checkup™ results and can be used both within your chosen rollout method or as "homework" for couples to complete on their own.

## **Can I have some couples take Prepare/Enrich and some take Couple Checkup?**

You'll need to have all couples take Couple Checkup™ in order for them to be included in the Group Summary Report and for the couples' assessment fee to be covered.

## **Does the price go up or down depending on how many couples participate?**

No, the church will pay one flat fee no matter how many couples take the assessment. If your church is very small, consider partnering with another local church. Ask us about this option!

## **Can singles take Couple Checkup™?**

The assessment must be completed by both partners in a relationship.

## **Can my leadership team experience the assessment first?**

Yes! In fact, we encourage them to take it and share their experience with the congregation to create buy in. We'll provide you with a voucher code to have leaders take it at no cost.

## **Will I receive one Group Summary Report for my entire congregation?**

You'll receive one report for each relationship stage (dating couples, engaged couples, and married couples). You will need a minimum of five couples of the same stage in order to generate a group summary report.

## **How do I know when to refer couples for additional support and assistance?**

The Group Summary Report will show you if there are conflicted or devitalized couples in the congregation, but you won't know specifically who they are. Because of this, you'll need to encourage couples to let a leader or staff member know if they would like some extra support in exploring and strengthening their relationship. Exercise discretion and reassure them that their privacy is protected. At the same time, let them know that they have nothing to be ashamed of—recognizing the need and being willing to ask for help is a powerful step toward growth.

## **Where can I refer those couples?**

We recommend reaching out to local counselors and therapists to build an open referral relationship. You can use sites such as [www.therapistlocator.net](http://www.therapistlocator.net) to search Marriage and Family Therapists in your area or search local directories. Therapists are often looking for sources of referrals, so it can be a mutually beneficial relationship, and it can start with something as simple and casual as meeting for coffee.